



Mirae

APPOINTMENT PREPARATION

## My Pre-Visit Summary

A patient-prepared agenda and clinical snapshot for the appointment.

**PATIENT****Elena Martinez****SUBMITTED****24 Jul 2026****APPOINTMENT****Thursday, 20 August 2026 at 10:30 a.m.**

Europe/Dublin

**PREPARED FOR****Dr. Maya Chen , Riverside IBD Centre**

Dublin, Ireland

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This sample QR opens the Mirae Pre-Visit page. Real report links expire the day after the appointment.

## My appointment agenda

**My priorities**

1. Understand whether my current treatment is still working

**What I need understood**

Urgency and fatigue are making it difficult to travel to work.

**What I need before I leave**

A clear plan for next tests and when to review treatment

**Questions I want answered**

How will we decide whether my treatment needs to change?

Which tests would help explain the recent change?

## Clinical summary

|                |                        |
|----------------|------------------------|
| Journey stage  | Ongoing check-ups      |
| Clinician type | IBD specialist         |
| Visit goal     | Assess disease control |
| Diagnosis      | Crohn's disease        |

## Current symptoms and treatment

|                               |                                                               |
|-------------------------------|---------------------------------------------------------------|
| Current medicines             | Vedolizumab every 8 weeks; vitamin D daily                    |
| Symptoms affecting daily life | Bowel urgency, fatigue, abdominal pain                        |
| Recent changes                | Symptoms have become more frequent over the last three weeks. |

## How you're doing

|                            |             |
|----------------------------|-------------|
| Pain over the past week    | 3 out of 10 |
| Fatigue over the past week | 6 out of 10 |